

LAUREN GLUCINA

WEBSITE TERMS OF USE

Effective Date: August 20205

Welcome to our website. This website, with the URL address <https://laurenglucina.com>, is owned and operated by Lauren Glucina, a sole trader operating in New Zealand. The terms “us,” “our” or “we” refer to Lauren Glucina, the owner of the website. The term “you” or “your” refers to the website user.

Lauren Glucina is a Naturopath and health educator offering digital educational programs, services, and content including:

- a. Online self-paced programs (e.g., Breaking Burnout)
- b. Group coaching and live Q&A sessions
- c. Articles and blog content
- d. Downloadable resources (workbooks, PDFs, recipes)
- e. General wellness, nutrition, and lifestyle education

1. Acceptance of Terms

1.1. Please read these Terms and Conditions carefully. Together with our Privacy Policy, they set out your important rights and obligations in relation to:

1.1.1. The use of this website; and

1.1.2. All services and products provided through this website.

1.1.3. By using this website, you agree that you have read, understood, and accept these Terms and Conditions.

1.1.4. If you do not agree with any part of these terms, please discontinue using our website.

2. Variation

2.1. We may update our Terms and Conditions at any time. The updated provisions will apply from the date they are published on this website.

3. Disclaimer

- 3.1. The content on this website is for general educational and informational purposes only. We do not guarantee any specific outcomes from your use of the information, programs, or services provided.
- 3.2. While every effort is made to ensure the accuracy of content, Lauren Glucina makes no warranty or representation regarding the accuracy, completeness, or relevance of any material.
- 3.3. Nothing on this website constitutes personal medical, financial, legal, or psychological advice. Always consult a qualified professional regarding your individual circumstances. You acknowledge that no health practitioner-client relationship is formed by accessing this website or purchasing our programs.

4. Intellectual Property

- 4.1. All content on this website, including text, graphics, logos, images, downloads, and software, is the intellectual property of Lauren Glucina, unless otherwise stated. You must not reproduce, distribute, or exploit any content without prior written permission.
- 4.2. You may access and download materials for personal use only. Sharing, reselling, or redistributing program materials for commercial purposes is strictly prohibited.

5. Personal Use Only

- 5.1. You may access, download, and print content from the website for personal use only. Any commercial use requires written permission.

6. Prohibited Use

- 6.1. You agree not to use this website for:
- 6.2. Any unlawful or unauthorised purpose
- 6.3. Posting or transmitting viruses or malicious software
- 6.4. Data harvesting or unauthorised marketing
- 6.5. Infringing the rights of others or breaching these terms

7. Copyright Infringement

- 7.1. If you believe any content on our website infringes third-party copyright, please contact us at hello@laurenglucina.com with relevant details.

8. Cookies

- 8.1. This website uses cookies to improve user experience. By using our website, you consent to our use of cookies per our Privacy Policy.

9. Third-Party Links

9.1. This website may contain links to third-party websites. We are not responsible for the content, privacy practices, or availability of those sites. Use of any external links is at your own risk.

10. Website Security

10.1. We implement standard security measures but cannot guarantee the security of the site or your data. We recommend installing up-to-date antivirus software.

11. Limitation of Liability

11.1. To the extent permitted by law, Lauren Glucina is not liable for any loss or damage (including indirect or consequential loss) resulting from your use of this website or reliance on its content.

11.2. Where liability cannot be excluded under New Zealand Consumer Law, our liability is limited to the resupply of the relevant service or a refund equal to the amount paid for that service.

12. Indemnity

12.1. You agree to indemnify and hold harmless Lauren Glucina from any claims, losses, or expenses arising from your breach of these terms or unauthorised use of this website.

13. Governing Law

13.1. These Terms are governed by the laws of New Zealand. Any disputes will be handled exclusively in New Zealand courts.

14. Relationship

14.1. Use of this website does not create a partnership, joint venture, or agency relationship between you and Lauren Glucina.

15. Severability

15.1. If any part of these Terms is found to be invalid or unenforceable, the remainder of the Terms will continue in effect.

16. Contact

16.1. For questions, comments, or concerns regarding these Terms, please contact us at: hello@laurenglucina.com or Phone: +6420401228453